

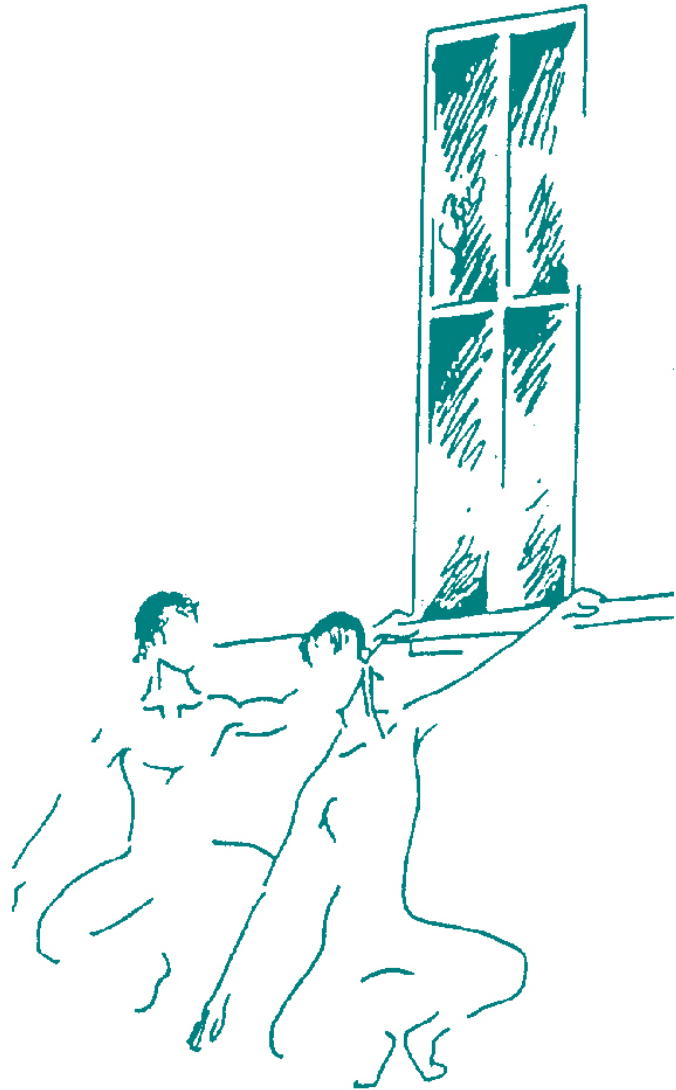
# Derby Academy

School of Classical Dance

Principal - Eve Leveaux FISTD (Cecchetti)

Holder of the Maestro Cecchetti Diploma

Approved Tutor



Timetable 2012



ISTD APPROVED  
DANCE CENTRE

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Mon	Tue	Wed	Thu	Fri	Sat
Standard Three 16:30 - 17:00	Intermediate 16:45 - 18:15	Drama (LAMDA) 16:15 - 18:30	Grade Five 17:30 - 18:30	Advanced One 17:00 - 18:30	Standard Six 09:15 - 10:00
Drama Club 16:30 - 17:30	Advanced Two 18:15 - 19:30	Grade Two 16:15 - 16:45	Adult Pointe [B/I] 17:45 - 18:15		Drama (LAMDA) 10:00 - 12:00
Senior Certificate 17:15 - 18:00		Standard Four/Five 16:45 - 17:30	Adult Ballet [B/I] 18:15 - 19:15		Standard One 10:00 - 10:30
Intermediate Foundation 18:00 - 18:45		Intermediate Foundation 17:30 - 18:30	Intermediate Foundation 18:30 - 19:15		Standard Three 10:30 - 11:00
Grade Five 18:45 - 19:30		Advanced One 18:30 - 19:30			Standard Four 11:00 - 11:45
Adult Ballet [I/I+] 19:15 - 20:30		Adult Tap [B] 18:30 - 19:15			Introductory 11:45 - 12:15
		Dance Workout [B/I] 19:30 - 20:30			Junior Modern 12:00 - 12:30
				Primary 12:15 - 12:45	Junior Tap 12:30 - 13:00
					Grade Two 12:45 - 13:30
					Performance Jazz Workshop 13:45 - 15:15
					Majors Tap 15:15 - 16:30

### After Hours

WHAT TO WEAR: Wear anything comfortable that allows you to move freely - tracksuit bottoms/leggings and a t-shirt are suitable for most classes. We recommend trainers for hip-hop and shoes with a small heel for salsa.

If you have tap, ballet or jazz shoes please wear accordingly. Please note that we do not allow black-soled trainers or outdoor shoes in our studios.

POINTE SHOES: These may only be worn in advanced ballet classes after discussion with the class teacher.



After Hours classes



New Class

**15 MINUTE RULE:** To prevent injury participants arriving more than 15 minutes late are not allowed into class as the warm up section will have been missed.

Many *After Hours* classes are suitable for beginners unless indicated. Where classes are aimed at a certain level, the following information can be used as a guide:

- Beginners** [B] - fun classes to learn the basics.
- Improvers** [I] - progression to develop your skills and confidence.
- Improvers+** [I+] - a more demanding class to perfect your technique.

# 2012 Timetable

If you're new to Derby Academy or just fancy trying something different, browse through our programme to see what we offer. From ballet to hip-hop, tap to salsa, there really is something for everyone! [Descriptions of our classes are shown below and our current timetable follows.](#)

## CLASS DESCRIPTIONS

### BALLET

The examination structure of the ISTD (Cecchetti) faculty is designed to cater equally for those pursuing dance purely as a leisure activity and for those who wish to progress to making dance their profession, either as a performer or dance teacher.

#### Ballet - Grade Examinations (Grades 1-6)

Cecchetti graded examinations are accredited by the QCA. Introductory and Primary levels precede the grades. Grades 1-6 for examination require two classes per week and some additional exam practice may be required. Grades prior to Grade 1, that is, introductory and Primary.

#### Ballet - Class Examinations (Standards 1-7)

Cecchetti class examinations require one class per week but some additional exam practice may be required. In these examinations the teacher is present in the room to conduct exercises learnt in class.

#### Ballet - Vocational Grades

The Vocational Grades, accredited by the QCA, include Intermediate Foundation, Intermediate, Advanced 1 and Advanced 2. These examinations form a cohesive bridge between the work covered in the grades and professional examinations.

### MODERN THEATRE DANCE

#### Junior Modern

Fun modern class for beginners with flair.

#### Jazz Workshop

A great class to improve your technique and further your knowledge in a variety of jazz styles from stage to street.

### DRAMA

#### Drama Club

A fun weekly drama and performance skills workshop for juniors.

#### Drama - LAMDA Examinations

There are many categories of LAMDA examinations including: verse and prose, acting, mime, reading for performance and musical theatre.

### After Hours

#### Adult Ballet

A relaxed classical adult class for beginners to the more advanced. The Cecchetti syllabus provides a safe style perfect for everyone.

#### Dance Workout

Chris's Dance Workout is the greatest dance party in town - a new generation of fitness class that unlocks everyone's rhythmic and dancing instincts.

#### Hip-Hop

Hip-Hop is an urban dance class incorporating raw hip hop music. Beginners are welcome on Friday before progressing to the Tuesday class.

#### Strictly Salsa

Learn to move and do the merengue like Ricky Martin. Feel the style and the passion. Great for beginners to advanced.

#### Adult Tap

Learn to tap-dance and keep fit at the same time with this fun, upbeat American tap class.

#### Mother & Baby

A fun class designed to develop musicality, coordination and rhythm for under 5s. A good stepping stone to our Introductory & Primary classes.

#### PAY AS YOU GO:

All After Hours classes operate on a pay-as-you-go basis so you can join in at any time during the term and come as often as you like!

#### PAYING FOR CLASSES:

We accept cash, cheques (made payable to Derby Academy) and Standing Order (by arrangement).

We can help find the right class for you - just call 01332 371016 and ask for Chris Parkes, our Class Programme Co-ordinator.